



PSA's

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Want to take steps to improve your health and wellness? Join the Department of Health's Office of Health Equity September 19 through 26 as we celebrate Health and Wellness Week across Pennsylvania. Visit [health and wellness dot org](http://healthandwellnessdotorg) for more information.

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Need help getting fit? Want to learn more about financial wellness? Don't know where to get started? Come out September 19 through 26 as the Department of Health's Office of Health Equity celebrates the Fourth Annual Health and Wellness Week in Pennsylvania. Multiple events and fairs will take place across the commonwealth to help all citizens work to improve their overall health and wellness. For a listing of events, visit [health and wellness week dot org](http://healthandwellnessweekdotorg).